



**Haringey Council**

<b>Report for:</b>	<b>Health Scrutiny – 9<sup>th</sup> January 2014</b>	<b>Item Number:</b>	
<b>Title:</b>	<b>Progress update on the recommendations made in the Overview and Scrutiny Review on Men’s Health: Getting to the heart of the matter</b>		
<b>Report Authorised by:</b>	<b>Dr Jeanelle De Gruchy, Director of Public Health</b>		
<b>Lead Officer:</b>	<b>Dr Fiona Wright, Assistant Director of Public Health</b>		
<b>Ward(s) affected: All</b>	<b>Report for Key: Non Key Decision:</b>		

## **1. Describe the issue under consideration**

### **Background**

To provide an update on the recommendations made in the Scrutiny Review on Men’s Health in April 2012 which were agreed by Cabinet.

## **2. Cabinet Member introduction**

I welcome the opportunity to update on the recommendations contained in the Scrutiny Review on Men’s Health carried out in 2012. Men’s health is an important priority in the Health and Wellbeing Strategy, especially Outcome 2 a reduced life expectancy gap.

A recommendation of the Scrutiny Review was to establish a Men’s Health Working Group, which commenced in December 2012 and concluded in July 2013. The aim of the multi-agency working group was to oversee the implementation of the review recommendations.

I am pleased with the progress that we have made in taking forward many of the recommendations of the Overview and Scrutiny Review as outlined in Appendix 1.



### **3. Recommendations**

That Overview and Scrutiny Committee note and agree the update found in Appendix 1.

### **4. Alternative options considered**

Not applicable.

### **5. Background information**

#### **5.1 The Review:**

A nine-year male life expectancy gap exists in Haringey between the west (Fortis Green, 81.9) and the east (Northumberland Park, 72.9). Reducing the life expectancy gap in men is Outcome 2 of the Health and Wellbeing Strategy. Seventy-three percent of the difference in male life expectancy between Haringey and England is due to men over 40 years of age. Actions targeting the 40+ age group are most likely to have an impact on the life expectancy gap within a short to medium term timescale. Therefore this was the focus of the scrutiny review.

The review was led by a panel of 4 non-executive Councillors and the report was published in April 2012. It presented the national and local evidence supporting:-

- Under-utilisation of health services by men compared to women.
- Early death, particularly from cardiovascular disease in men compared to women.
- Inequalities in men's health by geography (east compared to west Haringey), socio-economic groups and ethnicity as examples.

The report contained 21 recommendations. Following the review, a time-limited multi-agency working group was established to take forward the recommendations of the review. Delivery plans for the priorities to address Outcome 2 have been developed and the review provided information to support and compliment these delivery plans. The update to the individual recommendations in the Overview and Scrutiny report is outlined in Appendix 1.

#### **5.2 Key actions taken forward**

Some of the key actions taken forward following the scrutiny review are:

- Men-only community-based weight management programme ('TARGET') is in place, run from Tottenham Hotspur Foundation (THF).



- Social marketing activities are currently being undertaken to better understand why men living in Haringey do not access primary health care services. This is to address the low uptake of health and wellbeing services by men. It also aims to gain insight into what would make preventative and early detection services more attractive to men.
- A GP and pharmacist workshop was held at THF in October 2013, which aimed to raise the profile of men's health, with a focus on inequalities in health in Haringey and to encourage partnership working.
- Free training is in place to assist pharmacists and primary care professionals to support men to make positive health behaviour changes.
- The Men's Health Forum was commissioned to design a resource, namely 'Haringey Man', which maps a wide range of health services available in Haringey. It also provides tips on how to improve health.
- A men's health Haringey pharmacy campaign was run during men's health week in June 2013.
- A new service will be launched in Haringey by April 2014. The Men's Health Forum has received funding from the Department of Health to establish a free online health advice service specifically for Haringey men. Haringey Council and THF are key partners.

### **5.3 Way forward**

This work will continue to be a high priority and will mainly be taken forward through the Outcome 2 Health and Wellbeing Delivery Board, chaired by Dr Fiona Wright, Assistant Director of Public Health. In addition, consideration is currently being given to the establishment of a men's health reference group.

### **6. Comments of the Chief Finance Officer and financial implications**

Not applicable.

### **7. Head of Legal Services and legal implications**

Not applicable.

### **8. Equalities and Community Cohesion Comments**

Not applicable.



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**9. Head of Procurement Comments**

Not applicable.

**10. Policy Implication**

This work has supported and informed the work to reduce the life expectancy gap in men. This is Outcome 2 of the Health and Wellbeing Strategy and a corporate plan priority.

**11. Reasons for Decision**

Not applicable.

**12. Use of Appendices**

Appendix 1 – Recommendations and update.

**13. Local Government (Access to Information) Act 1985**

Not applicable.